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## The Impact of the Implementation of Security Acts on Physical and General Psychological Well-being of Travellers within South African Boarders

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**ABSTRACT** When the democratic South African government came into power in 1994 it adopted a new policy on terrorism, which regarded acts of terrorism unacceptable. The establishment of new anti-terrorism legislation was, however, justified by the September 11 attacks. Government officials decried the fact that the absence of such legislation put the nation under pressure. The researchers studied archived data from both scholarly and mass media records, which had substantiation bearing evidence and discussions on the establishment of various legislations and its impact on ordinary citizens. It was found that while security check routines are carried out as precautionary safety measures; they are not only an inconvenience for travellers but have also been responsible for causing psychological and mental trauma. The anti-terrorism legislation has led to many untoward procedures by security officials and impacted negatively on the health of some travellers.